

# Information Sheet: Contents of Basic Training in TCI according to the Building Block System



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*The art of leading*

By choosing the building block system, participants choose to shape the structure of their training path themselves.

The following compilation gives an overview of the contents of basic training. Individual interests and the most important contents to be focused on should be considered when selecting courses.

## Extent and Content of Courses

The Training Guidelines stipulate 6 courses (108 working units of 90 min. each), 3 method courses (M1-M3) and 3 personality courses as well as a certificate workshop (9 working units of 90 min. each)

The following contents should be dealt with during basic training:

- TCI's concept of the human being and background of TCI values (axioms and postulates)
- TCI's roots and the biography of Ruth C. Cohn
- 4-factor-model and dynamic balance
- Finding, formulating and introducing issues
- Structuring of learning and working processes
- The TCI concept of leading
- Group processes and group development (if applicable, not before advanced training)
- Disturbances and conflicts in groups (if applicable, not before advanced training)
- Issues of personality according to personal interest, e.g. biographical matters, art of living and leading etc.
- Information on the organization of the Ruth Cohn Institute for TCI-international

## Further Elements of Basic Training

Information about further elements of basic training can be found in the Training Guidelines and Implementation Rules.

This information is provided in the study transcripts, on the website of RCI international [www.ruth-cohn-institute.org](http://www.ruth-cohn-institute.org) and can also be requested from the training committees of the member associations.

## Study Transcripts

A study transcript should be drawn up soon after opting for a training course in TCI. All training steps and training certifications are documented in the transcript. The corresponding contents can be downloaded from our website:

<http://www.ruth-cohn-institute.org/downloads-1286.html>

For a better overview, RCI international provides the corresponding separator sheets for free.

## **Conclusion**

Basic training concludes with a certificate workshop, for which an admission request must be submitted to one of the training committees.

Upon admission, trainees must commit to attend the certificate workshop. An overview of the certificate workshops available can be found on the RCI international website.

Further information about the certificate workshop and the prerequisites for admission can be found on the information sheet "Request for Admission to the Certificate Workshop following Basic Training according to the Building Block System", a form available on the website:

<http://www.ruth-cohn-institute.org/downloads-1286.html>

## **Basic Training within Pre-Structured Training Courses**

Besides courses according to the Building Block System, RCI also offers a system of pre-structured training courses: the Basic Training course is attended in the framework of fixed group, beginning and ending together. More detailed information also can be found in the Training Guidelines.

Organizing the structure of the pre-structured training courses is mainly the responsibility of the training course leaders, who also provide further information in this respect. With regard to content the requirements are identical, but there are some procedural differences.